

Guitar Warmup Exercises

Jesse Fildes

www.jessefildesmusic.com

Moderate ♩ = 120

EXERCISE 1

Track 1

1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

1 2 3 4 1 2 3 4 5 4 3 2 5 4 3 2

EXERCISE 2

Track 1

5 4 3 2 5 4 3 2 5 4 3 2 5 4 3 2

3 5 7 3 5 7 4 5 7 4 5 7 5 7 8 7

EXERCISE 3

Track 1

5 7 5 4 7 5 4 7 5 3 7 5 3

5 7 8 5 7 9 5 7 9 5 7 9 7 8 7 9

EXERCISE 4

Track 1

7 5 9 7 5 9 7 5 8 7 5 3

8 5 7 8 7 5 8 5 7 8 7 5 7 4 5 7 5 4 7 4 5 7 5 4 5

EXERCISE 5

EXERCISE 6

Track 1

5 9 7 7 6 5 5 9 5 5 6 7 7 9 5

12 11 9 10 9 12 9 10 9 11 12